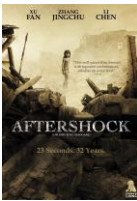




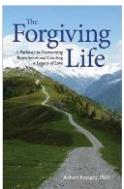
A List of Suggested Books and DVDs for Adults Exploring the Themes Of Friendship, Love, Forgiveness and Peace.



In Knitting, Praying, Forgiving: A Pattern of Love and Forgiveness, Cheryl Wunsch shares her story of faith and her journey to forgiving the young man who murdered her mother. She provides a user-friendly pattern to experience love and forgiveness with the craft of knitting and *an ancient monastic prayer practice: Lectio Divina*. You may find encouragement in Cheryl's story, and her pattern will help guide you to forgiveness one stitch at a time. "A grace-filled book for knitters and contemplatives, Knitting, Praying, Forgiving is a practical and inspirational guide to the transforming power of knitting God's love into shawls of forgiveness" **Important to note: This book is not just for knitters. The pattern of love and forgiveness and the Lectio Divina prayer practice and be used while doing any kind of craft or laboring work (like housekeeping) while using your hands.**



AFTERSHOCK -Tangshan, 1976. Two seven-year-old twins are buried under the rubble of the deadliest earthquake of the 20th century. The rescue team explains to their mother that freeing either child will almost certainly result in the death of the other. Forced to make the most difficult decision of her life, she finally chooses to save her son. Though left behind as dead, the little girl miraculously survives, unbeknownst to her brother and mother. AFTERSHOCK follows the family on their separate journeys over the course of the next 32 years, as they build lives forever shadowed by the traumatic experience of the earthquake, and eventually face each other and the decisions of the past.



The Forgiving Life by Dr. Robert Enright – “This book offers scientifically supported guidance to help people forgive those in their lives who have acted unfairly and have inflicted emotional hurt. It does not minimize the devastation of that hurt or require reconciliation with the one who inflicted the hurt. Rather, it describes a process, followed with success by people around the world, to confront the pain; rise above it to forgive; and in so doing, loosen the grip of the depression, anger, and resentment that have soured life.”



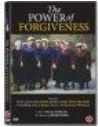
Gran Torino. The story follows Walt Kowalski, a recently widowed Korean War veteran who is alienated from his family and angry at the world. Walt's young Hmong neighbor, Thao, is pressured into trying to steal Walt's prized 1972 Ford Gran Torino by his cousin for his initiation into a gang. Walt develops a relationship with the boy and his family.



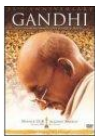
Bonhoeffer: Agent of Grace



Treasures of the Snow: A Story of Friendship and Forgiveness



The Power of Forgiveness: Amish



Gandhi



Hotel Rwanda



The Shawshank Redemption



Departures (Foreign Drama, Japan)



Camelot



Pay It Forward



Amish Grace



Crossroads: A Story of Forgiveness – Hallmark



The Spitfire Grill



Left to Tell: Discovering God Amidst the Rwandan Holocaust
by Immaculee Ilibagiza



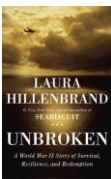
Dead Man Walking: An Eyewitness Account Of the Death Penalty In the United States by
Helen Prejean



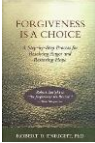
The Forgiving Light by Rebeca Montalvo



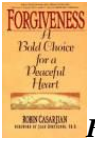
My First White Friend: Confessions on Race, Love and Forgiveness by Patricia Raybon



Unbroken – A World War II Story of Survival, Resilience, and Redemption by Laura
Hillenbrand – author of Seabiscuit



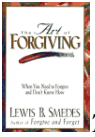
Forgiveness Is a Choice: A Step-By-Step Process for Resolving Anger and Restoring Hope by Robert D. Enright



Forgiveness: A Bold Choice for a Peaceful Heart by Robin Casarjian



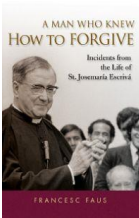
From Resentment to Forgiveness: A Gateway to Happiness by Francisco Ugarte



The Art of Forgiving: When You Need to Forgive and Don't Know How by Lewis B. Smedes



Forgiveness and Child Abuse by Lois Einhorn



A Man Who Knew How To Forgive – Incidents from the life of St. Josemaría Escrivá by Francesc Faus

More Academic, Philosophical and Theological Works on Forgiveness

Helping Clients Forgive: An Empirical Guide for Resolving Anger and Restoring Hope by Robert D. Enright and Richard P. Fitzgibbons

Forgiveness: Theory, Research, and Practice by Michael E. McCullough and Kenneth Ira

Forgiveness: Thoughts for the New Millennium by Pope John Paul II and Alexandria Hatcher

